

250m: 3:39.82 (23.09) 275m: 4:02.79 (22.97) 300m: 4:26.70 (23.91)
325m: 4:49.58 (22.88) 350m: 5:13.20 (23.62) 375m: 5:35.38 (22.18)
400m: 5:57.92 (22.54)

7



Sophie Newlov

S19 13 

0.77 374

6:10.48

Entry: 6:11.52 -1.04

25m: 18.59 50m: 40.36 (21.77) 75m: 1:03.90 (23.54)
100m: 1:27.95 (24.05) 125m: 1:52.56 (24.61) 150m: 2:17.32 (24.76)
175m: 2:40.99 (23.67) 200m: 3:04.06 (23.07) 225m: 3:27.57 (23.51)
250m: 3:51.66 (24.09) 275m: 4:14.56 (22.90) 300m: 4:38.12 (23.56)
325m: 5:01.99 (23.87) 350m: 5:25.93 (23.94) 375m: 5:48.98 (23.05)
400m: 6:10.48 (21.50)

8



McKenzie Drag

S7 21 

0.99 329

7:01.84

Entry: 7:06.49 -4.65

25m: 23.09 50m: 49.26 (26.17) 75m: 1:15.95 (26.69)
100m: 1:42.78 (26.83) 125m: 2:08.94 (26.16) 150m: 2:35.78 (26.84)
175m: 3:01.89 (26.11) 200m: 3:28.85 (26.96) 225m: 3:56.19 (27.34)
250m: 4:22.27 (26.08) 275m: 4:49.25 (26.98) 300m: 5:16.19 (26.94)
325m: 5:42.31 (26.12) 350m: 6:09.24 (26.93) 375m: 6:35.90 (26.66)
400m: 7:01.84 (25.94)

9



Amber Proudfo

S8 18 

321

6:53.62

Entry: 7:01.21 -7.59

25m: 23.83 50m: 47.89 (24.06) 75m: 1:12.93 (25.04)
100m: 1:39.47 (26.54) 125m: 2:05.10 (25.63) 150m: 2:31.60 (26.50)
175m: 2:57.46 (25.86) 200m: 3:24.13 (26.67) 225m: 3:50.58 (26.45)
250m: 4:17.57 (26.99) 275m: 4:43.99 (26.42) 300m: 5:10.87 (26.88)
325m: 5:36.43 (25.56) 350m: 6:03.63 (27.20) 375m: 6:28.75 (25.12)
400m: 6:53.62 (24.87)